

Original citation: Boldarine, V.T., Pedroso, A.P., Brandao-Teles, C., Lo Turco, E.G., Nascimento, C.M.O., Oyama, L.M., Bueno, Allain , Martins-de-Souza, D. and Ribeiro, E.B. (2020) *Ovariectomy modifies lipid metabolism of retroperitoneal white fat in rats: a proteomic approach*. American Journal of Physiology- Endocrinology and Metabolism. ISSN Print: 0193-1849 Online:1522-1555 (In Press)

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This is an Accepted Manuscript of an article published by the American Physiological Society in American Journal of Physiology - Endocrinology and Metabolism on 14 July 2020, available online: <https://journals.physiology.org/doi/abs/10.1152/ajpendo.00094.2020>

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1 **Ovariectomy modifies lipid metabolism of retroperitoneal white fat in rats: a proteomic**
2 **approach**

3

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29 **Abstract:** Menopause is often accompanied by visceral obesity. With the aim of exploring the
30 consequences of ovarian failure on visceral fat, we evaluated the effects of ovariectomy and
31 estrogen replacement on the proteome/phosphoproteome and on the fatty acids profile of the
32 retroperitoneal adipose depot (RAT) of rats. Eighteen three months old female Wistar rats were
33 either ovariectomized or sham-operated and fed with standard chow for three months. A sub-
34 group of ovariectomized rats received estradiol replacement. RAT samples were analyzed using
35 data-independent acquisitions LC-MS/MS and pathway analysis was performed with the
36 differentially expressed/phosphorylated proteins. RAT lipid profile was analyzed by gas
37 chromatography.

38 Ovariectomy induced high adiposity and insulin resistance and promoted alterations in
39 protein expression and phosphorylation. Pathway analysis showed that 5 pathways were
40 significantly affected by ovariectomy, namely metabolism of lipids (included fatty acid
41 metabolism and mitochondrial fatty acid β -oxidation), fatty acyl-CoA biosynthesis, innate
42 immune system (included neutrophil degranulation), metabolism of vitamins and cofactors, and
43 integration of energy metabolism (included ChREBP activates metabolic gene expression).
44 Lipid profile analysis showed increased palmitic and palmitoleic acids content. The analysis of
45 the data indicated that ovariectomy favored lipogenesis while it impaired fatty acids oxidation,
46 and induced a pro-inflammatory state in the visceral adipose tissue. These effects are consistent
47 with the findings of high adiposity, hyperleptinemia, and impaired insulin sensitivity. The
48 observed alterations were partially attenuated by estradiol replacement. The data point to a role
49 of disrupted lipid metabolism in adipose tissue in the genesis of obesity after menopause.

50

51 **Keywords** – menopause; retroperitoneal adipose tissue; proteome/phosphoproteome; lipid
52 profile; estrogen replacement.

53

1. Introduction

54

55 The cessation of ovarian hormones production in menopause is often followed by
56 increased body weight gain and adiposity, associated with obesity-related co-morbidities (11,
57 28). In both humans and rodents, a role of estrogens in metabolic, immune, and inflammatory
58 processes has been established, although the complexity by which these effects occur is not
59 fully understood (20, 45). The lack of estrogens after menopause has been associated with a
60 shift of fat distribution from subcutaneous to visceral, with impairment of the sensitivity to
61 insulin and leptin, predisposition to diabetes and to anxiety and depressive disorders (5, 14, 23).

62 In both humans and rats, the visceral (or abdominal) adipose tissue comprises mesenteric,
63 retroperitoneal, perirenal, and gonadal depots. Additionally, humans have the omental depot
64 (38). A depot-specificity of functions has been described for the adipose tissue, which may
65 result from differences intrinsic to pre-adipocytes and to factors secreted by neighboring organs
66 (62). During the development of obesity, the visceral adipose tissue suffers a higher degree of
67 hypertrophy and macrophage infiltration than the subcutaneous depots, leading to a high
68 production of inflammatory mediators that contribute substantially to the pathophysiology of
69 obesity complications (40, 46).

70 Several disruptions of the metabolism of visceral adipose tissue have been reported in
71 ovariectomized rodent models. Increased conversion of cortisone to cortisol, due to increased
72 expression of type 1 11β -hydroxysteroid dehydrogenase, has been found in visceral but not in
73 subcutaneous adipose depots, contributing to fat redistribution (3). Decreased glutathione
74 peroxidase activity and superoxide dismutase protein levels, indicating impairment of anti-
75 oxidant status, as well as low mRNA levels of the anti-inflammatory hormone adiponectin,
76 have also been observed (1).

77 Using a two-dimensional gel electrophoresis-based proteomic approach, a recent study
78 described that ovariectomy affected proteins involved in intermediate metabolism, energy
79 transduction, cell structure, and immune system, in the periovarian adipose tissue of rats (2).
80 The use of a more sensitive and accurate proteomic technique could help unravel a more
81 expressive number of proteins and pathways affected by ovarian failure in the visceral fat.

82 Moreover, the identification of changes in protein phosphorylation is of high relevance, as it
83 plays a pivotal role in a multitude of cellular functions.

84 Additionally, perturbations of visceral adipose tissue functions have been associated with
85 its fatty acids composition in several conditions, such as diet-induced obesity and diabetes (6,
86 63). However, data on the effects of obesity induced by the loss of ovarian hormones in visceral
87 adipose tissue fatty acid composition are scarce. One study reported increased levels of short-
88 chain saturated fatty acids levels in the visceral fat of postmenopausal women (67). Further
89 studies on the subject are necessary.

90 Aiming at expanding our knowledge on the consequences of ovarian failure on visceral
91 fat, the present study examined the effects of ovariectomy and of estrogen replacement on the
92 proteome/phosphoproteome as well as on the fatty acid profile of the retroperitoneal fat of rats.

93

94 **2. Materials and Methods**

95

96 *2.1 Experimental procedures*

97

98 The experiments were performed in accordance with the Committee in Research Ethics of
99 the Universidade Federal de São Paulo (CEUA nº: 2172030315/ 2016), which follow the
100 guidelines of the Conselho Nacional de Controle de Experimentação Animal (CONCEA). The
101 present data is part of our previously published investigation in which we evaluated the effects
102 of ovariectomy, aligned or not to high-fat diet feeding, on metabolic and behavior parameters
103 of rats (5). Briefly, the female *Wistar* rats (twelve-week-old) were either ovariectomized (Ovx
104 group, n=12) or sham operated (Sham group, n=6) under ketamine/xylazine anesthesia
105 (66/33mg/kg, ip). A sub-set of Ovx animals received 17 β -estradiol replacement (Ovx+E2
106 group), via subcutaneous pellets (0.25 mg/pellet, 90-day release; Innovative Research of
107 America, Sarasota, Florida, USA). The daily dose of estrogen released was 2.8 μ g/day/90 days,
108 yielding a daily dose range of 0.010 to 0.008 mg/Kg/day, considering the mean initial and final
109 body weights during the 12 weeks of treatment. One dose of penicillin (60.000U. i.m.) and
110 ibuprofen (1 mg/kg body weight, v.o.) was given to all animals after the surgery. Additionally,

111 they received one ibuprofen dose per day for the 2 subsequent days. They were maintained
112 under a 12h light/dark cycle (lights on at 6 am) and $23 \pm 1^\circ\text{C}$ temperature with food (2.87
113 kcal/g, 15% of energy from fat, Nuvilab CR-1, Nuvital Nutrientes SA, Colombo, PR, Brazil)
114 and water ad libitum for 12 weeks. Body weight and 24-h food mass intake were measured
115 once a week. Feed efficiency was calculated as: (body weight gain / energy intake) x 100.

116 Euthanasia was conducted under thiopental anesthesia (80mg/kg, ip) after a 24-h fasting.
117 Trunk blood was collected and white fat pads (retroperitoneal, gonadal and mesenteric) were
118 dissected, weighed, and frozen in liquid nitrogen. All tissue and serum samples were stored at -
119 80°C . The uteri were weighed for confirmation of completeness of ovaries removal.

120

121 *2.2 Serum and tissue cytokines measurements*

122

123 Serum measurements and HOMA index were conducted as previously described (5).
124 RAT content of TNF- α (sensitivity – 2.4 ng/mL; intra-assay precision- 4.98%; inter-assay
125 precision- 9.44%) and IL-6 (sensitivity – 0.7 ng/mL; intra-assay precision- 3.96%; inter-assay
126 precision- 8.64%) were also determined by Elisa (R&D Systems, Minneapolis, MN, USA).

127

128 *2.3 Retroperitoneal fat proteome and phosphoproteome analyses*

129

130 Aliquots (800 mg) of RAT fat pads were homogenized in 1mL of buffer containing 50
131 mM ammonium bicarbonate, 1% sodium deoxycholate (m/v), and deionized water (51), with
132 the addition of a protease/phosphatase inhibitor cocktail (Thermo Scientific, Rockford, IL,
133 USA), and centrifuged at $19,000 \times g$ for 30 minutes at 4°C . Protein concentration in the
134 supernatants was determined using a Pierce BCA assay (Thermo Scientific, Rockford, IL,
135 USA). Aliquots of 200 μg of protein were diluted in 50 mM ammonium bicarbonate to a final
136 volume of 85 μL . Samples were then subjected to reduction with 2.5 μL of 100 mM DTT at
137 60°C for 30 min and alkylation with 2.5 μL of 300 mM iodoacetamide, at room temperature for
138 30 min. Proteins were digested overnight using trypsin (Promega, Fitchburg, WI, USA) at a
139 1:100 (wt:wt) enzyme:protein ratio at 37°C . After digestion, samples were centrifuged at

140 19,000 x g for 15 minutes at 4°C, the supernatants were collected and an equal volume of ethyl
141 acetate was added (36). Then, trifluoroacetic acid was added to a final concentration of 0.5%.
142 Samples were homogenized in vortex and centrifuged at 19,000 x g for 5 minutes at 4°C.
143 Supernatants were collected, transferred to Millex-GV filters (Millipore, Burlington, MA,
144 USA), recovered, dried in a vacuum concentrator centrifuge (Eppendorf, Hamburg, HH,
145 Germany), and stored at -80°C until mass spectrometry analysis.

146

147 *2.4 Liquid-chromatography mass spectrometry*

148

149 After reconstitution of the samples in 1 % (v/v) formic acid, protein content was
150 determined fluorimetrically (Qubit® 3.0 Fluorometer, Thermo Scientific, Rockford, IL, USA)
151 and the final concentration was adjusted to 0.5 µg/µL. The proteomic and phosphoproteomic
152 analyses were performed by data-independent acquisitions liquid-chromatography mass
153 spectrometry (ACQUITY UPLC M-Class coupled to Synapt G2-Si mass spectrometer)
154 (Waters, Milford, MA, USA). An ACQUITY UPLC HSS T3 nanoACQUITY Column (100 Å.
155 1.8 µm. 75 µm × 150 mm., Waters) was used for peptides separation (1µg) in acetonitrile
156 gradient from 7% (v/v) for 54 min, and then increased to 80% of acetonitrile for 13 min, at a
157 flow rate of 500 nL/min). Data were acquired using nanoESI ionization on positive mode, in
158 HDMS^E mode using Transfer MS Collision Energy Low (eV) 19.0 and Transfer MS Collision
159 Energy High (eV) 53.0. Human Glu-fibrinopeptide B was used for mass spectrometer
160 calibration. MS identification was made between 50 and 2000 *m/z*.

161

162 *2.5 Database search*

163

164 Mass spectrometry data processing and database search against *Rattus norvegicus*
165 sequences (UniProtKB/Swiss-Prot database, www.uniprot.org, 8680 entries) were performed
166 with the Progenesis for Proteomics software (version 4.0, Waters). Peptides identification
167 followed the parameters: maximum 1 missed cleavage site allowed for trypsin digestion;
168 cysteine carbamidomethylation as fixed modification and methionine oxidation as variable

169 modification. The search for phosphopeptides was made through variable modification of
170 serine, threonine and tyrosine phosphorylation. Protein identification used the following
171 criteria: False discovery rate (FDR) set at less than 1%, minimum of 2 fragment ions per
172 peptide, 5 fragment ions per protein, and 2 peptides per protein. Relative protein quantification
173 was performed by the Hi-N approach, using the three most abundant peptides, with priority of
174 the unique peptides' ones (58). Normalized data were exported to Excel files.

175

176 *2.6 Pathway analysis*

177

178 The proteins differentially expressed and/or differentially phosphorylated among the
179 groups were included in the test to determine enriched pathways, using the online Panther
180 platform (<http://www.pantherdb.org>, version 14.1, released 2019-07-11). The whole *Rattus*
181 *norvegicus* proteome was used as the reference list and the Reactome Pathways was used as the
182 annotation data set. Significantly enriched pathways were based on Fisher's exact test followed
183 by Bonferroni correction with significance set to $p < 0.05$.

184

185 *2.7 RAT fatty acid composition*

186

187 Aliquots of 1,000 mg of RAT were extracted in hexane/isopropanol (3:2 v/v) containing
188 0.01% butylated hydroxytoluene (BHT). After addition of chloroform/methanol/water (2:1:1
189 v/v/v), the samples were centrifuged (10,000 x g for 10 minutes) and the organic layers were
190 separated and evaporated to complete dryness with oxygen-free nitrogen (OFN). The lipids
191 were partitioned again in chloroform/methanol/water (8:4:3 v/v/v) and the chloroform layer
192 was dried under OFN.

193

194 Fatty acid analysis was performed as previously described (7). Briefly, fatty acid methyl
195 esters (FAME) were obtained by heating the samples with 15% acyl chloride in dry methanol
196 in a sealed tube at 70°C during 3 hours under OFN. A solution of 5% NaCl was used to stop the
197 reaction, at room temperature, and FAMEs were extracted by 3 washings with petroleum ether
containing 0.01% BHT. Gas chromatography with flame ionization detector (GC2010 Plus,

198 Shimadzu, Kyoto, Japan) was performed with a TRACE TR-FAME capillary column (Thermo
199 Scientific, Rockford, IL, USA). The intensity of peaks was quantified using the software
200 Labsolutions (Shimadzu, Kyoto, Japan).

201

202 *2.8 Statistical analysis*

203

204 Body weight, white fat depots mass, and serum parameters variables were tested for
205 normality (Shapiro-Wilk test) and homoscedasticity (Levene's test). Normally distributed
206 variables (means \pm standard error) were analyzed ANOVA and Tukey post hoc test. Non-
207 parametric variables (median and interquartile range) were analyzed by Kruskal-Wallis
208 ANOVA followed by two tailed multiple comparisons. All tests were performed with Statistica
209 12 Software (StatSoft, Tulsa, OK, USA) for $p < 0.05$.

210 Proteome and phosphoproteome data were submitted to analysis on the online platform
211 MetaboAnalyst (<http://www.metaboanalyst.ca>). Data were log transformed and the missing
212 values were replaced by half the minimum positive value in the original data. The data was
213 normalized by pareto scaling and submitted to principal component analysis (PCA) followed by
214 partial least-squares discriminant analysis (PLSDA). Variable importance for the projection
215 (VIP) values higher than 1.5 in the principal component 1 were considered in order to identify
216 the proteins and phosphopeptides that most contributed to discrimination among the groups.

217

218 **3. Results**

219

220 *3.1 Ovariectomy induced high adiposity and insulin resistance*

221

222 As shown in Table 1, the success of ovariectomy was confirmed by the low uterus weight
223 of the ovariectomized groups. Initial body weight was similar among the 3 groups while both
224 ovariectomized groups had higher body weights, feed efficiency and total fat mass at the end of
225 the 12 weeks. Regarding the individual fat depots masses, while the gonadal fat depot was not
226 different among the groups, both retroperitoneal and mesenteric depots were increased by

227 ovariectomy and not normalized by estrogen replacement. The elevations induced by
228 ovariectomy in leptin and insulin levels, leptin/adiponectin ratio, HOMA-IR and HOMA- β
229 were significantly attenuated by estradiol replacement. Total cholesterol, HDL-cholesterol and
230 triglycerides levels did not differ significantly among the groups. RAT levels of TNF- α and IL-
231 6 were similar among the groups.

232

233 *3.2 Ovariectomy induced changes in protein expression and phosphorylation and modified* 234 *metabolic pathways in retroperitoneal fat*

235

236 Among the 18 biological samples, 13,722 peptides, corresponding to 1,246 proteins, were
237 identified, of which 994 proteins met the inclusion criteria and were included in the statistical
238 analysis. The multivariate analysis found 91 RAT proteins significantly modulated among the
239 groups. The PLSDA analysis based on principal components showed a separation between the
240 Sham and the Ovx groups while the Ovx+E2 group presented an intermediate profile (Figures
241 1A). Forty-two proteins were downregulated and 49 proteins were upregulated by ovariectomy,
242 in relation to the Sham group. The E2-replacement group presented 43 downregulated proteins
243 and 48 upregulated proteins, in comparison to the Sham group. The complete list of proteins
244 with altered expression is presented in Appendix 1 (supplementary material).

245 Considering the phosphoproteome results, 1074 peptides were identified with at least one
246 phosphorylation site, corresponding to 468 proteins. The multivariate analysis found 107
247 peptides (corresponding to 96 proteins) with a characteristic phosphorylation pattern for each
248 group. The analysis based on principal components showed a separation of Sham and Ovx
249 groups, while the replacement group showed to be in an intermediate position (Figures 1B). In
250 comparison to the Sham group, the Ovx group showed decreased phosphorylation of 39
251 proteins and 68 proteins showed increased phosphorylation. The Ovx+E2 group showed
252 downregulation of 42 proteins and 65 proteins with increased phosphorylation compared to
253 Sham group. The complete list of proteins with altered phosphorylation is presented in
254 Appendix 2 (supplementary material).

255 The pathway overrepresentation test showed significantly enrichment of pathways
256 involved in lipid metabolism: fatty acyl-CoA biosynthesis pathway (1 protein/4
257 phosphopeptides; $p = 2.67E-2$) (Figure 2A) and metabolism of lipids pathway (9 proteins/11
258 phosphopeptides; $p = 5.30E-5$), the latter including fatty acid metabolism (6 proteins/9
259 phosphopeptides; $p = 7.35E-8$) and mitochondrial fatty acid β -oxidation (4 proteins/2
260 phosphopeptides; $p = 1.65E-3$) (Figure 2B). The proteins participating in these pathways
261 included long-chain-fatty-acid-CoA ligase 5 (ACSL5), long-chain-fatty-acid-CoA ligase 1
262 (ACSL1), short-chain specific acyl-CoA dehydrogenase (ACADS), long- chain specific acyl-
263 CoA dehydrogenase (ACADL), very long- chain specific acyl-CoA dehydrogenase
264 (ACADVL), acyl-coenzyme A thioesterase type 2 (ACOT2), enoyl-CoA delta isomerase-1
265 (ECI1), acetyl-CoA carboxylase-1 (ACC1), and fatty acid synthase (FAS) (Table 2).

266 The innate immune metabolism pathway (10 proteins/16 phosphopeptides; $p = 1.82E-7$),
267 including the neutrophil degranulation pathway (5 proteins/13 phosphopeptides; $p = 2.07E-10$),
268 was also altered by ovariectomy (Figure 3), and the affected proteins included the platelet
269 glycoprotein 4 (CD36). Two other important proteins related to the immune system were
270 adenylyl cyclase-associated protein 1 (CAP1) and class I histocompatibility antigen, non-
271 RT1.A alpha-1 chain (RT1-AW2) (Table 2).

272 The last two enriched pathways were the metabolism of vitamins and cofactors pathway
273 (5 proteins/4 phosphopeptides; $p = 4.29E-2$) (Figure 4A) and the integration of energy
274 metabolism pathway (3 proteins/6 phosphopeptides; $p = 5.74E-4$), which included the pathway
275 ChREBP activates metabolic gene expression (3 phosphopeptides; $p = 4.42E-2$) (Figure 4B).

276 Table 2 also shows that ovariectomy induced changes in two proteins related to
277 adipogenesis, all-trans-retinol 13,14-reductase (RETSAT) and lipoprotein lipase (LPL) as well
278 as two proteins involved in insulin sensitivity, elongation factor 1-delta (EEF1D) and integrin-
279 β 1 (ITB1).

280

281 *3.3 Ovariectomy increased saturated fatty acid content and disturbed the polyunsaturated fatty*
282 *acid ratios in RAT*

283

284 The results regarding the fatty acid analyses are depicted in Table 3. The Ovx group
285 showed increased content of lauric, myristic and palmitic acids in relation to Sham. Increased
286 total saturated fatty acids (SFA), alongside increased palmitic/stearic ratio, was also found in
287 Ovx group. Estrogen replacement brought the content of lauric and myristic acids, as well as
288 total SFA, back to levels comparable to Sham.

289 The monounsaturated fatty acids (MUFAs) myristoleic and palmitoleic acids levels were
290 higher in Ovx group as compared to Sham, but comparable to Sham when estrogen
291 replacement was introduced. Eicosenoic acid was lower in both Ovx and Ovx+E2 groups as
292 compared to Sham. The palmitic/palmitoleic ratio was significantly decreased in Ovx, but
293 normalized in Ovx+E2 group.

294 Ovariectomy led to a significant disturbance in the proportions of various polyunsaturated
295 fatty acids (PUFAs). The essential fatty acids alpha-linoleic and linoleic acids were
296 respectively increased and decreased in the Ovx group, as compared to the Sham group.
297 Estrogen replacement was successful in returning linoleic acid back to a level comparable to
298 Sham, but the same was not found for alpha-linolenic acid. A significant increase in
299 eicopentaenoic acid (EPA) was found in Ovx and Ovx+E2 groups. An increase in arachidonic
300 acid (AA) was also found in both groups, as compared to the Sham group, but such difference
301 did not reach statistically significant levels.

302 Ovariectomy increased 0.33% of the total n-3 while decreasing 3% of the total n-6, in
303 comparison to the Sham group. Such differences reached statistically significant levels, and
304 whilst they remained for total n-3 in Ovx+E2 group, they were no longer statistically different
305 for n-6 in Ovx+E2 group. The total n-6/n-3 ratio was lower in Ovx and Ovx+E2 groups, in
306 comparison to the Sham group; however, the total SFA/PUFA ratio was higher in Ovx, and
307 similar in Ovx+E2, when compared to Sham.

308

309 **4. Discussion**

310

311 Menopause has been considered as an important factor leading to obesity, mainly due to
312 the shift in fat distribution from subcutaneous to visceral (24). We thus hypothesized that the

313 loss of ovarian hormones could lead to impairment of protein and lipid regulation in the
314 visceral adipose tissue. In order to test this hypothesis, we used shotgun proteomics, along with
315 fatty acid profiling, to determine proteins and lipids affected and to evaluate to what extent
316 estrogen replacement would modify the ovariectomy-induced alterations.

317 In the rat, the visceral adipose tissue is comprised by the retroperitoneal, perirenal,
318 perigonadal, and mesenteric depots (38). Ovariectomy has been shown to induce significant
319 changes in RAT metabolism (1, 12, 49).

320 Ovariectomy increased body weight gain and adiposity due to increased feed efficiency,
321 as food intake was not increased. Insulin and leptin levels, leptin/adiponectin ratio, and HOMA
322 indexes also increased after ovariectomy and these alterations were attenuated by the estradiol
323 replacement therapy, as we have previously shown (5). The estrogen replacement dose was
324 chosen as to be compatible with the human dosage of the average transdermal replacement
325 therapy for postmenopausal women (22, 48).

326 The pathway analyses indicated that the ovariectomy had a large impact on the
327 metabolism of lipids, affecting fatty acid metabolism/mitochondrial fatty-acids β -oxidation
328 pathway and the fatty acyl-CoA biosynthesis pathway. Figure 5 depicts the main effects of
329 ovariectomy in these pathways, which will be addressed below.

330 The activation of free fatty acids by their association with coenzyme-A, yielding fatty-
331 acyl CoA, is promoted by the ligases enzymes and represents a crucial step both for β -oxidation
332 and synthesis of triacylglycerols and other lipids. In comparison to the Sham group, we
333 observed down regulation of the protein ACSL5, a feature that has been associated with low β -
334 oxidation rates (27), and increased phosphorylation of the protein (ACSL1). The present result
335 on ACSL5 agrees with a previous report of its reduced gene expression in diabetic mice (32).
336 The phosphorylation sites of the ACSL1 found in the present study (Thr²⁷ and Thr⁴⁰) have not
337 been reported previously while a threonine phosphorylation site (Thr⁸⁵) was described in liver
338 mitochondria of normal rats under physiological conditions (13).

339 The acyl-CoA dehydrogenases, responsible for fatty acyl-CoA desaturation in the β -
340 oxidation pathway (19), also showed an effect of ovariectomy. The protein ACADS showed
341 downregulation in comparison to the Sham group. This is in accordance with a report in the

342 white adipose tissue from obese subjects (39). The ACADL and ACADVL proteins presented
343 increased phosphorylation (Ser²¹⁰ and Ser⁴¹⁸, respectively), as compared to the Sham group.
344 While ACADVL has no phosphorylation sites previously reported, there is a previous
345 description of decreased serine phosphorylation of ACADL (Ser²⁸/Ser³⁰) after ischemia in
346 ovarian tumor grafts (41) and a demonstration that its decreased phosphorylation (Ser⁵⁸⁶) in
347 fibrotic lung cells was associated with higher lipid peroxidation in comparison to normal lung
348 cells (24).

349 Two other enzymes of the mitochondrial fatty-acids β -oxidation pathway, ACOT2 and
350 EC11, showed downregulation in response to ovariectomy. Located in the mitochondrial
351 matrix, ACOT2 targets mainly long-chain fatty acyl-CoAs and catalyzes their hydrolysis to the
352 free fatty acids and CoA. This mechanism has been proposed to enhance hepatic long-chain
353 fatty acids oxidation by preventing accumulation of fatty acyl-CoA during high rates of hepatic
354 β -oxidation (43, 61). EC11 is involved in the process of oxidation of unsaturated fatty acids and
355 has been reported to be downregulated in white adipose tissue from Zucker diabetic-fatty
356 female rats (34).

357 Ovariectomy also affected proteins involved in fatty acids synthesis. The protein ACC1
358 showed decreased phosphorylation at Thr²²⁷⁸, attenuated by estradiol replacement. ACC1
359 converts acetyl-CoA into malonyl-CoA during *de novo* lipogenesis. Although the
360 phosphorylation site found in the present study has not been previously described, the
361 phosphorylation of at least other five sites was demonstrated to inhibit the protein activity,
362 resulting in lower malonyl-CoA levels (25, 18). In addition, the protein FAS showed increased
363 phosphorylation at Ser⁷²⁵, in comparison to the Sham group. FAS is a key enzyme in the
364 lipogenesis process, catalyzing the conversion of malonyl-CoA to palmitic acid (59). FAS
365 phosphorylation at Ser⁷²⁵ was increased in the liver of mice after re-feeding, a situation
366 favoring lipogenesis (65). Ovariectomy has been shown to increase FAS protein expression in
367 the retroperitoneal adipose tissue of rats (31). The present observation that the lipid metabolism
368 alterations induced by ovariectomy were attenuated by estradiol replacement agrees with a
369 report of decreased lipogenesis by estradiol through inhibition of ACC1 and FAS (37).

370 Ovariectomy also modulated proteins involved in the adipogenesis process. The protein
371 RETSAT showed increased expression and decreased phosphorylation in comparison to the
372 Sham group. This protein favors adipocyte differentiation under normal metabolic conditions
373 and was shown to be induced during adipogenesis, being positively regulated by the
374 transcription factor peroxisome proliferator activated receptor γ . Furthermore, the
375 downregulation of the protein has been shown to inhibit adipogenesis (44, 57). Because the
376 present Ovx animals showed increased body fat and mild increases in adipose tissue cytokine
377 levels, it can be suggested that the upregulated RETSAT indicates a state of active fat
378 accumulation. Moreover, further studies are necessary to elucidate the consequences of reduced
379 phosphorylation of the sites found in the present study (Ser⁴⁰⁴/Tyr⁴⁰⁹).

380 The protein LPL showed increased expression and phosphorylation in the Ovx groups, as
381 compared to the Sham group, indicating a high capacity of the retroperitoneal adipose tissue for
382 uptake of lipoprotein-derived free fatty acids. This enzyme has also been implicated in
383 adipocyte differentiation and it has shown increased expression in adipose-derived
384 mesenchymal stem cells from ovariectomized mice (17). Moreover, estrogens have been shown
385 to decrease LPL expression in the subcutaneous fat of premenopausal women (52). Of note, we
386 were not able to find previous records of the phosphorylation site found in the present study
387 (Tyr¹⁹¹).

388 Since ovariectomized animals were obese and showed alterations in many proteins
389 involved in lipid metabolism, we hypothesized that fatty acid composition of RAT could be
390 affected. Data about the effects of ovariectomy-induced obesity on fatty acid profile are scarce,
391 although the pro-inflammatory state of common obesity has been associated to SFA in the
392 adipose tissue (10). Our results showed an increased palmitic acid and total SFA contents of
393 RAT. Estrogen replacement was able to attenuate these effects. In postmenopausal obese
394 women, visceral adipose tissue inflammation has been related to accumulation of SFA,
395 especially palmitic acid (66). Although palmitic acid has been shown to impact fatty acids
396 metabolism by upregulating the expression of ACSLs (47, 53), high levels have been found to
397 lower fatty acid oxidation due to inhibition of carnitine-palmitoyltransferase 1A (34).

398 Ovariectomy also increased the percentage of the monounsaturated palmitoleic fatty acid.
399 Endogenous non-dietary palmitoleic acid originates mainly from *de novo* lipogenesis in white
400 adipose tissue, and has been recently considered as a lipokine, since it is released from the
401 tissue and acts on distant cells. However, its metabolic effects have not been elucidated, as both
402 deleterious and beneficial effects on adiposity, insulin sensitivity and lipid profile have been
403 described (16). In the present study, its higher levels after ovariectomy are consistent with the
404 proteomic results indicating a high lipogenesis rate, attenuated by estradiol replacement.

405 Regarding polyunsaturated fatty acids, our results showed a decrease in linoleic acid (n-6)
406 and an increase in alpha-linolenic acid (n-3). Linoleic acid is a precursor of pro-inflammatory
407 lipid mediators such as prostaglandins and leukotrienes (54). Although we did not measure
408 these factors, it is fair to speculate that the decrease in linoleic acid in the ovariectomized
409 animals was a consequence of its recruitment for the production of pro-inflammatory factors,
410 since we had indications of an inflamed status induced by ovariectomy, as discussed above.
411 Given the fact that the sum of PUFAs did not differ among the groups, the increase in n-3 was a
412 direct consequence of the n-6 decrease.

413 These present findings indicate that ovariectomy favored a disruption of fat metabolism,
414 which may have been relevant in the development of obesity. However, on the basis of our
415 observations, it is not possible to rule out that, rather than a cause, the observed changes in lipid
416 metabolism were a consequence of obesity.

417 The pathway analysis also showed that several proteins that take part in the innate
418 immune system, which orchestrates inflammation (15), were modulated by ovariectomy. CD36
419 produced in macrophages is considered a pro-inflammatory marker. In the present study, this
420 protein was upregulated by ovariectomy, in comparison to the Sham group, in agreement with
421 findings in the visceral adipose tissue of postmenopausal women, obese individuals of both
422 genres, and in the perivascular adipose tissue of diabetic rats (4, 30). CD36 is also involved in
423 fatty acid translocation, thus influencing fat storage. Increased mRNA levels of CD36 in liver
424 and visceral adipose tissue of ovariectomized mice has been associated with hepatic steatosis
425 and increased visceral fat mass (50). Additionally, CD36^{-/-} mice have shown enhanced fatty

426 acid oxidation measured in muscle cells lines (55). These data agree with the present
427 suggestion of impaired fatty acid oxidation in the visceral adipose tissue after ovariectomy.

428 Although not shown in the pathway analysis, it is relevant to notice two other proteins
429 altered by ovariectomy which have important inflammatory roles. The protein CAP1 showed
430 increased expression and phosphorylation, in comparison to the Sham group. In monocytes,
431 this protein was described to function as a receptor for adipocyte-derived resistin, which in turn
432 regulates inflammation signaling, leading to the release of pro-inflammatory cytokines. Its
433 expression was found to be increased in cells extracted from white adipose tissue of obese
434 humans (9). The phosphorylation at Thr³⁰⁶/Ser³⁰⁷ identified in the present study were found to
435 be increased in response to lipopolyssacharide-induced inflammation in macrophages (29),
436 which corroborates the idea of an overall inflammatory status of our experimental model.
437 Moreover, the protein RT1-AW2 also showed increased expression and phosphorylation in
438 comparison to the Sham group. This protein is involved in immune response and was shown to
439 be upregulated in the secretome of hepatocytes of rats treated with hepato-carcinogenic
440 substances, a condition also associated with a pro-inflammatory environment (64). The
441 phosphorylation site described in the present study (Ser²⁹⁵) has not been described yet but the
442 Ser³⁵⁴ phosphorylation was found to be increased in liver mitochondria from obese mice (26).
443 Estrogen replacement attenuated the ovariectomy-induced changes regarding the proteins
444 CD36, CAP1 and RT1-AW2. These results are compatible with the increase in leptin levels as
445 well as a decrease in leptin/adiponectin ratio and suggest an overall effect of estrogen
446 replacement in reducing the inflammation status. This is compatible with reports that estradiol
447 may regulate cell recruitment to inflammatory sites and decrease the production of pro-
448 inflammatory cytokines, balancing the acute innate immune response (60).

449 Regarding the glucose metabolism impairment mentioned above, two proteins that play a
450 role in insulin resistance were shown to be modulated by ovariectomy. One of them is EEF1D,
451 which is involved in the protein elongation steps during the synthesis of a variety of proteins,
452 acting in the regulation of translation and transcription (56). Insulin stimulates the activity of
453 this enzyme, mainly through phosphorylation processes in adipose tissue, as observed after *in*
454 *vitro* experiments using adipose-derived cells 3T3-L1 (8). The fact that this protein showed

455 downregulated expression in the Ovx group, as compared to the Sham group, is compatible
456 with our suggestion of insulin resistance after ovariectomy. The other protein is ITB1, which
457 showed decreased expression and increased phosphorylation induced by ovariectomy, as
458 compared to the Sham group. The protein is localized in the cell membrane and participates in
459 the signaling between extracellular matrix and the intracellular environment, and dysfunctional
460 integrins have been related to insulin resistance (35). In visceral fat pads isolated from chow-
461 fed rats, ITB1 potentiated the ability of insulin to enhance tyrosine phosphorylation of insulin
462 receptor substrate 1 (21). Increased phosphorylation at Ser²⁶³ described in the present study has
463 been previously found in breast cancer, but the consequences of this cancer-induced alteration
464 on ITB1 function have not yet been explored (42). Since this modification appeared in the
465 present study in an obese pathological condition, it may be not inferred whether it yielded a
466 deleterious effect or, alternatively, whether it represented a counter-regulatory mechanism to
467 insulin resistance.

468

469 **5. Conclusion**

470 The present results indicate that ovariectomy favored lipogenesis while it impaired fatty
471 acids oxidation, and induced a pro-inflammatory state in the RAT. These effects are consistent
472 with the findings of high adiposity, hyperleptinemia, and impaired insulin sensitivity. The
473 observed alterations were partially attenuated by estradiol replacement. The data point to a role
474 of disrupted lipid metabolism in adipose tissue in the genesis of obesity after menopause.

475 **Acknowledgements**

476

477 The authors thank Mauro Cardoso Pereira for animal care, Nelson Inácio Pinto for
478 assistance throughout the treatments and Debora Estadella for the contribution regarding Figure
479 4 creation.

480

481 **Funding Statement**

482

483 This study was financed by the Brazilian Agencies: Coordenação de Aperfeiçoamento
484 de Pessoal de Nível Superior (CAPES, Finance Code 001), Conselho Nacional de
485 Desenvolvimento Científico e Tecnológico (CNPq, Grants 453924/2014-0 and 309505/2017-
486 8), and Fundação de Amparo à Pesquisa do Estado de São Paulo (FAPESP, Grant No.
487 2012/03172-4)

488

489 **Conflict of Interests/ Financial Disclosure Statement**

490

491 The authors certify that they comply with the ethical guidelines for authorship and
492 publishing of the American Journal of Physiology Endocrinology and Metabolism. The authors
493 declare that they have no conflict of interest, be it financial or not.

494

495 **Author Contribution Statement**

496

497 V.T.B. performed all experiments and wrote the manuscript
498 A.P.P. participated in all experiments and supervised results interpretation;
499 D.M.S. and C.BT. participated in the proteomic analyses and results interpretation;
500 E.G.L contributed to the statistical analyses and results interpretation;
501 A.A.B participated in the lipid profile analysis and results interpretation;
502 C.M.O.N. and L.M.O provided essential reagents and were responsible for Elisa assays;
503 E.B.R. supervised the whole project and the manuscript writing.

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684 **Figure legends**

685

686 **FIGURE 1: Separation of the groups using multivariate analyses of proteome data**

687 (A) - Supervised PLSDA analyses based on 994 protein intensities. The principal components
688 explaining the separation are 1 and 4; $Q^2=0.7$; $R^2=0.9$. (B) - Supervised PLSDA analyses
689 based on 1074 peptide intensities. The principal components explaining the separation are 1
690 and 2; $Q^2= 0.6$; $R^2= 0.9$.

691

692 **FIGURE 2: Representation of the innate immune metabolism pathway significantly and**
693 **their associated proteins and phosphopeptides**

694 Pathway enrichment analysis: Fisher's exact test followed by Bonferroni correction. The
695 colored bars indicate the proteins expression/phosphorylation peak intensities. All 6 samples in
696 each experimental group were included in the analyses

697

698 **FIGURE 3: Representation of the fatty acyl-CoA biosynthesis (A) and metabolism of**
699 **lipids (B) pathways and their associated proteins and phosphopeptides**

700 Pathway enrichment analysis: Fisher's exact test followed by Bonferroni correction. The
701 colored bars indicate the proteins expression/phosphorylation peak intensities. All 6 samples in
702 each experimental group were included in the analyses

703

704 **FIGURE 4: Representation of the metabolism of vitamins and cofactors (A) and**
705 **integration of energy metabolism (B) pathways and their associated proteins and**
706 **phosphopeptides**

707 Pathway enrichment analysis: Fisher's exact test followed by Bonferroni correction. The
708 colored bars indicate the proteins expression/phosphorylation peak intensities. All 6 samples in
709 each experimental group were included in the analyses

710

711

712 **FIGURE 5: Summary of the alterations in lipid metabolism induced by ovariectomy, as**
713 **indicated by the proteome/phosphoproteome analysis**

714 Red triangles indicate reduced protein expression; Arrows followed by amino acid symbol
715 indicate reduced (↓) or increased (↑) phosphorylation of the residue in the protein shown.

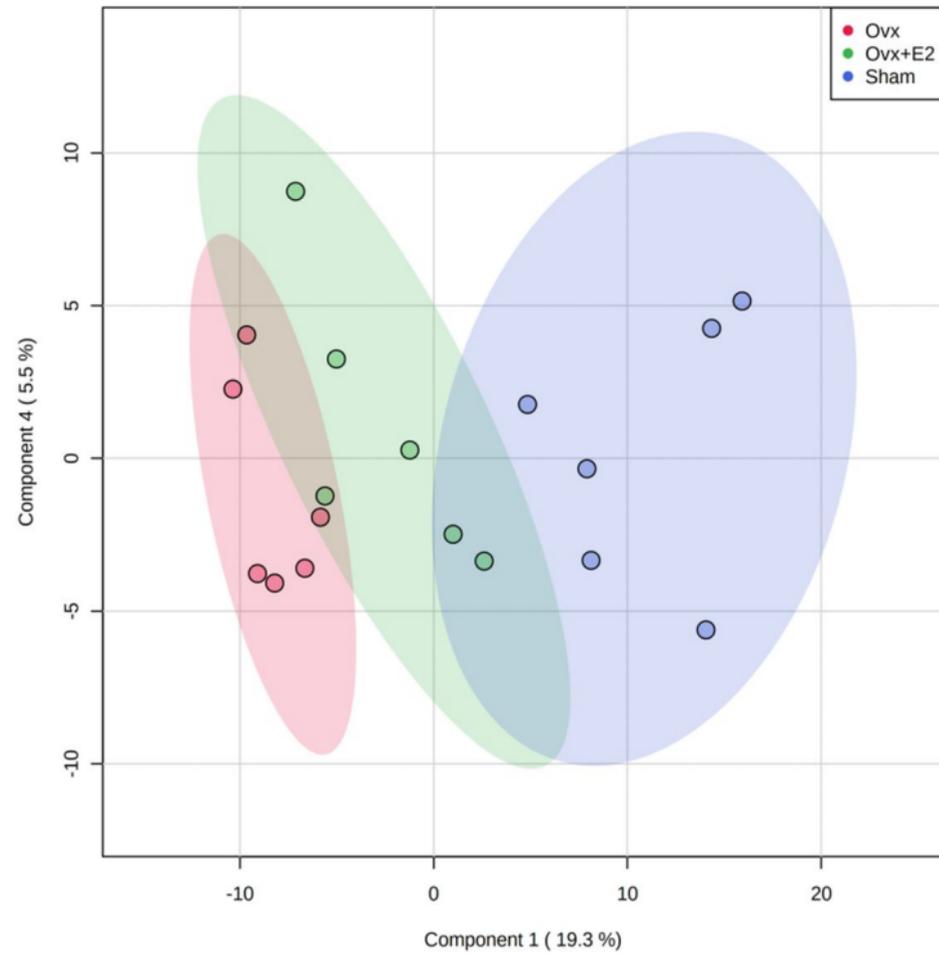
716 ACSL5: Long-chain fatty acid-CoA ligase 5; ACSL1: Long-chain fatty acid-CoA ligase 1;

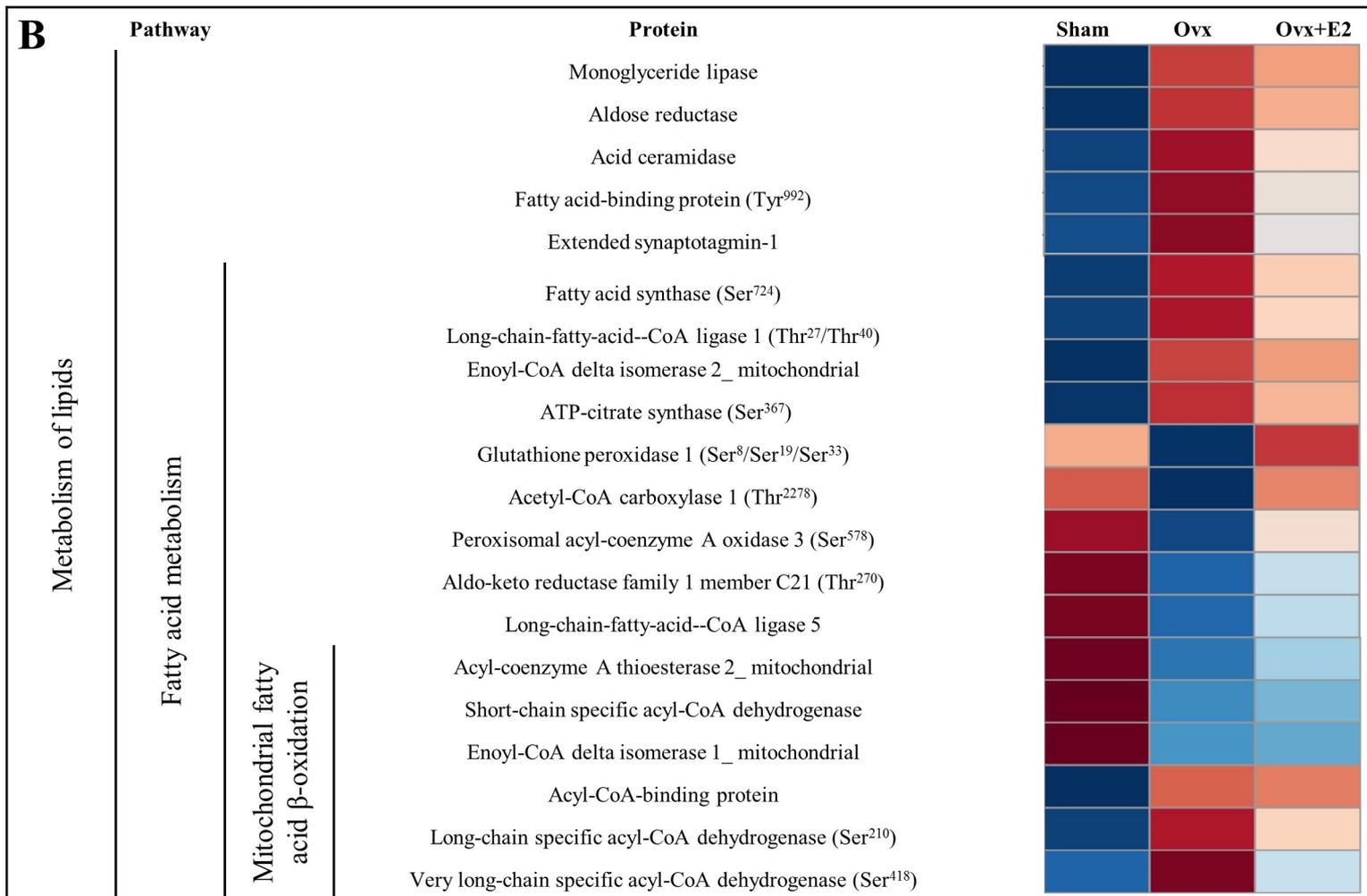
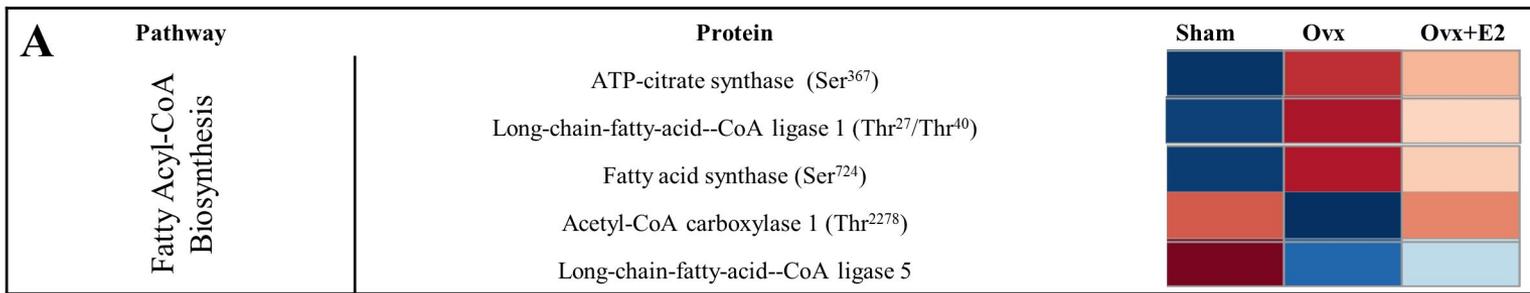
717 ACADS: Short-chain specific acyl-CoA dehydrogenase; ACADL: Long-chain specific acyl-

718 CoA dehydrogenase; ACADVL: Very long-chain specific acyl-CoA dehydrogenase; ACOT2:

719 Acyl-Coenzyme A thioesterase typ2; ECI1: Enoyl-CoA delta isomerase-1; ACC1: Acetyl-CoA

720 carboxylase-1; FAS: Fatty acid synthase.

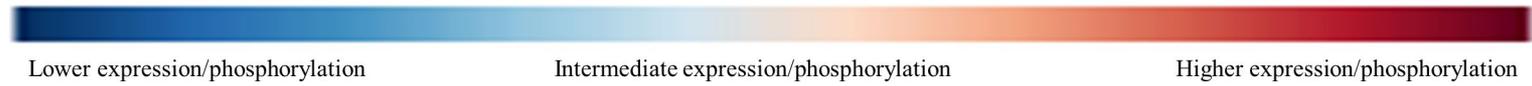
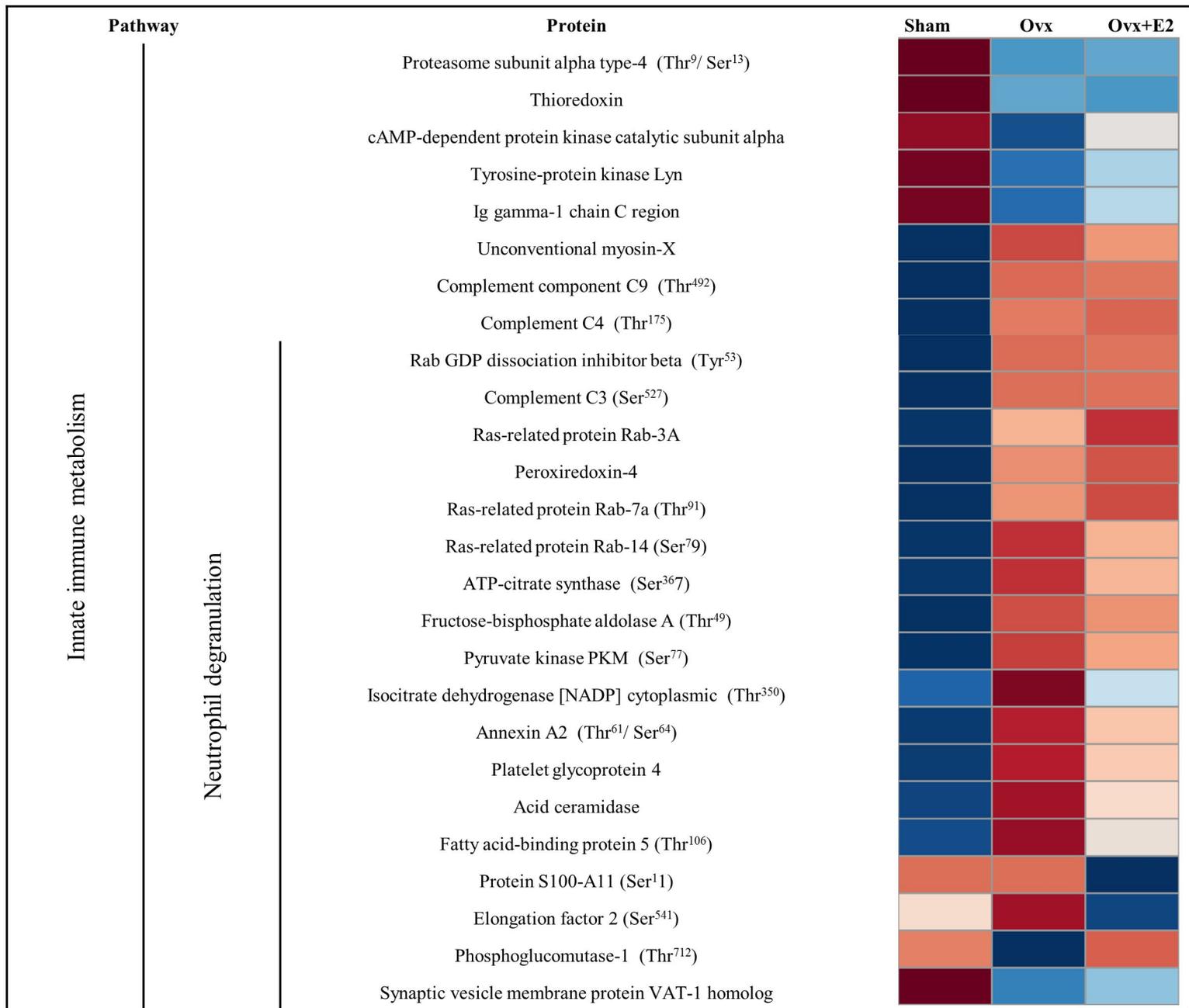
A**Scores Plot**

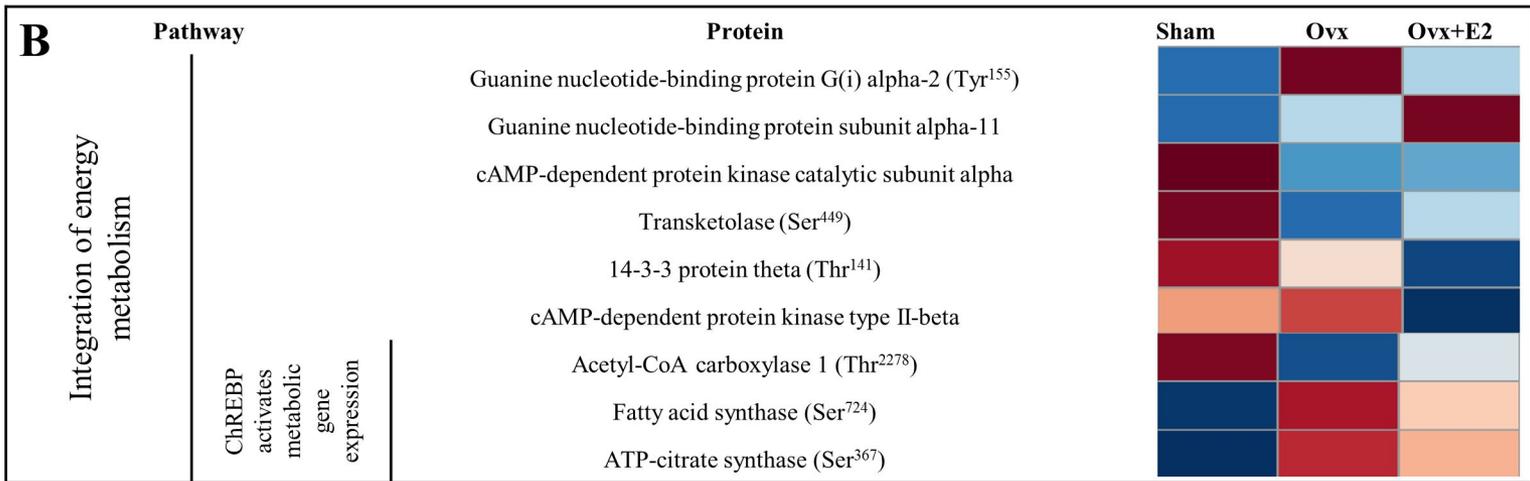
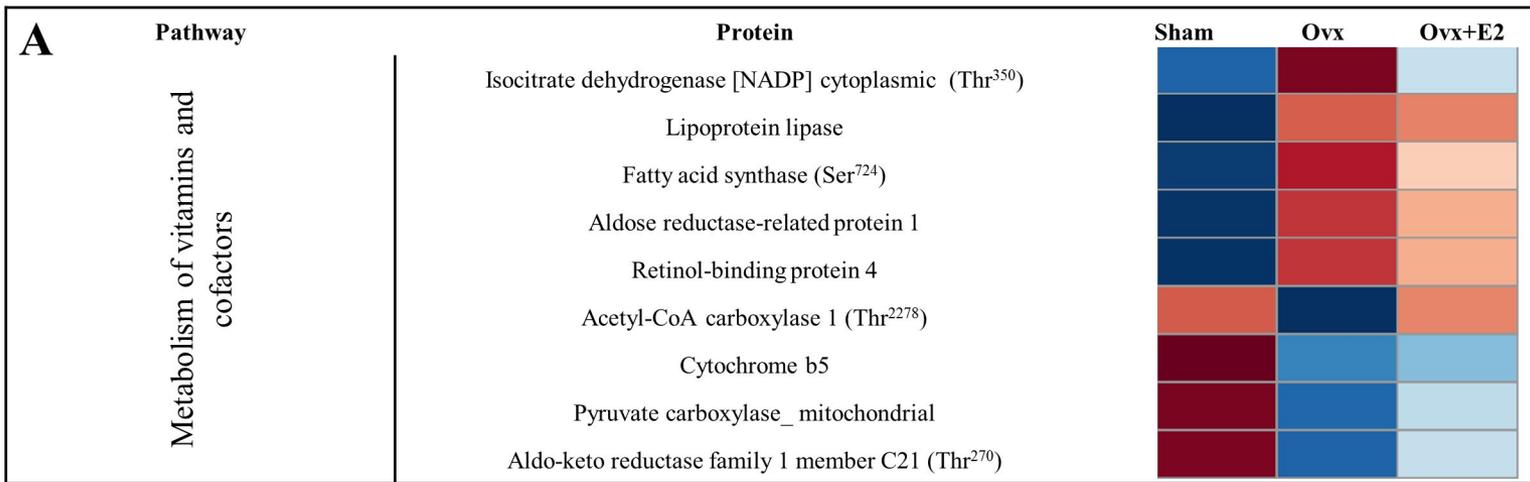


Lower expression/phosphorylation

Intermediate expression/phosphorylation

Higher expression/phosphorylation





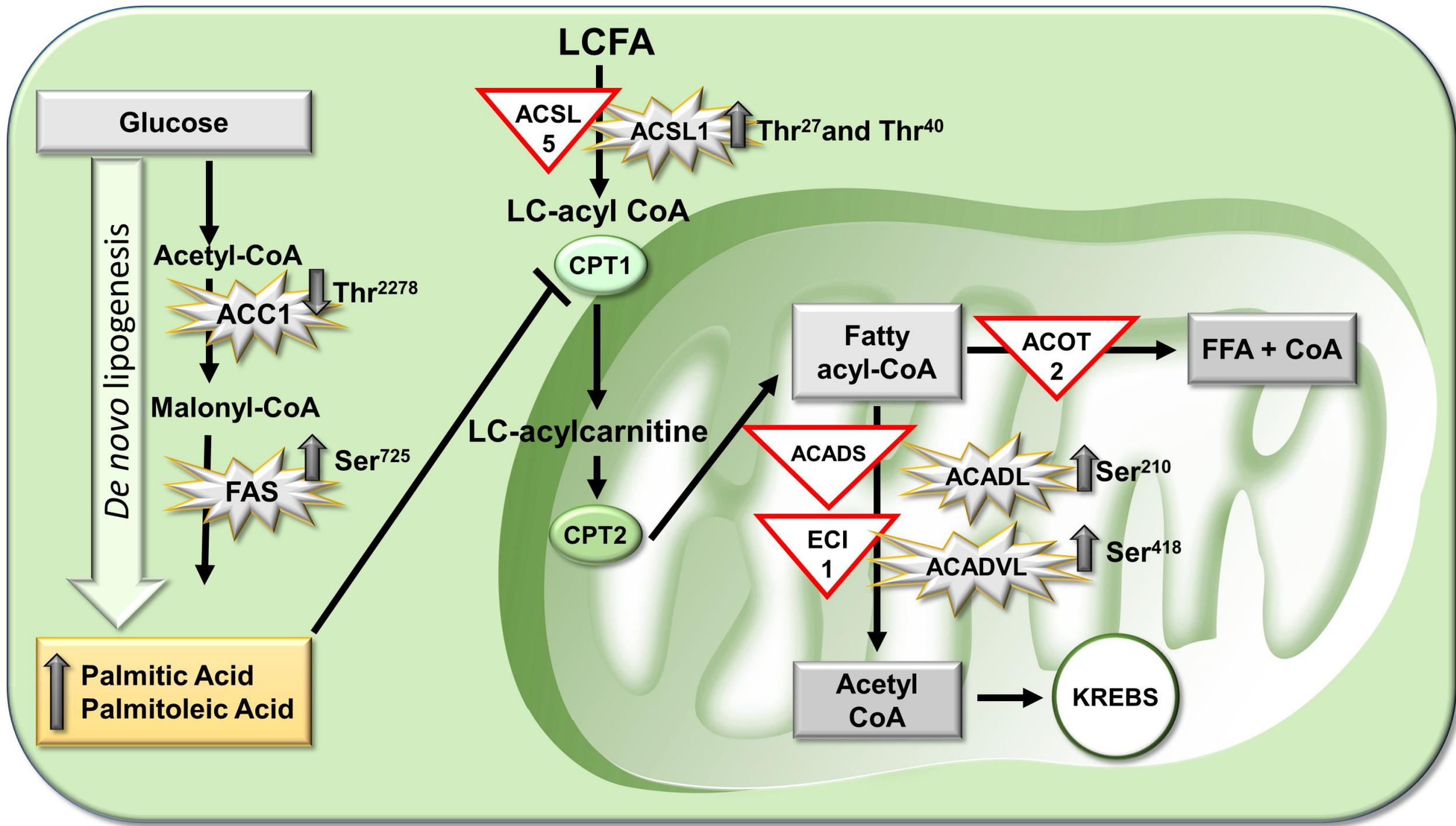


Table 1: Body and serum parameters

	Sham	Ovx	Ovx+E2
Initial body weight (g)	264.79 ± 5.22	263.00 ± 3.79	263.51 ± 5.02
Final body weight (g)	280.84 (272.38 - 285.75)	338.00 (336.00 - 339.50)*	335.71 (325.89 - 337.00)*
Cumulative food intake (Kcal)	526.36 ± 14.87	570.90 ± 12.48	613.63 ± 13.01*
Feed efficiency (g/Kcal)	2.72 ± 0.54	13.52 ± 0.66*	11.98 ± 0.81*
Uterus (g)	0.43 ± 0.03	0.11 ± 0.02*	0.15 ± 0.02*
Total fat mass (g)	10.37 ± 0.89	17.71 ± 1.22*	15.89 ± 1.11*
Retroperitoneal fat mass (g)	3.49 ± 0.30	7.23 ± 0.56*	6.02 ± 0.46*
Mesenteric fat mass (g)	1.67 ± 0.17	3.75 ± 1.20*	3.38 ± 0.80*
Periovarian fat mass (g)	4.97 ± 0.44	6.15 ± 0.48	5.98 ± 0.49
Leptin (ng/mL)	2.17 (1.84 - 2.61)	10.06 (7.80-012.52)*#	5.97 (4.45 - 9.89)
Adiponectin (µg/mL)	5.65 ± 0.59	8.06 ± 1.04	7.67 ± 0.91
Leptin/Adiponectin	0.41 ± 0.06	1.42 ± 0.29*#	0.89 ± 0.18
TNF-α (pg/mg of protein)	7.04 ± 0.72	7.45 ± 0.78	6.96 ± 2.34
IL-6 (pg/mg of protein)	32.2 ± 5.28	54.6 ± 17.3	26.8 ± 2.62
Glucose (mg/dL)	92.80 ± 2.98	105.72 ± 6.38	103.88 ± 6.29
Insulin (ng/mL)	0.56 ± 0.06	2.32 ± 0.20*#	1.31 ± 0.12*
HOMA-IR	3.18 (2.32 - 4.25)	14.37 (12.08 - 19.07)*#	7.93 (6.26 - 8.28)
HOMA-β	0.18 (0.14 - 0.23)	0.52 (0.38 - 0.72)*#	0.29 (0.24 - 0.45)
Total cholesterol (mg/dL)	115.46 (104.96 - 121.76)	140.84 (119.08 - 193.13)	126.34 (119.85 - 133.97)
HDL cholesterol (mg/dL)	205.73 (179.01 - 251.91)	163.17 (146.18 - 174.05)	142.37 (135.50 - 157.63)
Triglycerides (mg/dL)	99.18 (94.67 - 108.20)	111.27 (105.33 - 118.85)	122.54 (107.79 - 220.49)

Data presented as mean ± SEM for variables with normal distribution or median-interquartile range (Q1-Q3) for variables not normally distributed. n=6 animals per group. * p < 0.05 vs Sham; # p < 0.05 vs Ovx+E2.

Table 2: Highlighted proteins with altered expression and/or phosphorylation

Protein (Phosphosite)	Expression fold-change			Phosphorylation fold-change		
	Ovx/Sham	Ovx+E2/Sham	Ovx+E2/Ovx	Ovx/Sham	Ovx+E2/Sham	Ovx+E2/Ovx
Long-chain-fatty-acid-CoA ligase 5	0.61	0.72	1.18			
Long-chain-fatty-acid-CoA ligase 1 (Thr ²⁷ /Thr ⁴⁰)				3.79	2.26	0.60
Short-chain specific acyl-CoA dehydrogenase, mitochondrial	0.59	0.63	1.06			
Long-chain specific acyl-CoA dehydrogenase, mitochondrial (Ser ²¹⁰)				27.25	7.84	0.29
Very long-chain specific acyl-CoA dehydrogenase, mitochondrial (Ser ⁴¹⁸)				4.49	1.75	0.39
Acyl-coenzyme A thioesterase 2, mitochondrial	0.62	0.70	1.13			
Enoyl-CoA delta isomerase 1, mitochondrial	0.54	0.56	1.03			
Acetyl-CoA carboxylase (Thr ²²⁷⁸)				0.12	0.84	7.21
Fatty acid synthase (Ser ⁷²⁵)				2.82	1.95	0.69
All-trans-retinol 13,14-reductase (Ser ⁴⁰⁴ /Tyr ⁴⁰⁹)	1.75	1.52	0.87	0.96	2.95	3.08
Lipoprotein lipase (Tyr ¹⁹¹)	2.15	2.03	0.94	1.78	1.04	0.58
Platelet glycoprotein 4	1.53	1.33	0.86			
Adenylyl cyclase-associated protein 1 (Ser ³⁰⁰ /Thr ³⁰⁶ /Ser ³⁰⁷)	2.12	1.01	0.47	18.49	1.20	0.07
Class I histocompatibility antigen, Non-RT1.A alpha-1 chain (Ser ²⁹⁵)	12.80	2.61	0.20	12.79	2.35	0.18
Elongation factor 1-delta (Ser ⁴⁴⁷)	0.65	0.76	1.18	0.23	0.34	1.52
Integrin beta-1 (Ser ²⁶³)	0.42	0.57	0.82	2.23	2.27	1.02

Table 3. Fatty acid composition of RAT total lipid

Fatty acid		% of total fatty acids		
		Sham	Ovx	Ovx+E2
C12:0	Lauric acid	0.04 ± 0.01	0.05 ± 0.01 ^{*#}	0.04 ± 0.01
C14:0	Myristic acid	0.62 ± 0.06	0.75 ± 0.07 ^{*#}	0.67 ± 0.11
C16:0	Pamitic acid	18.7 ± 1.4	21.2 ± 1.4 [*]	20.4 ± 1.2 [*]
C18:0	Stearic acid	3.35 ± 0.21	3.21 ± 0.37	3.2 ± 0.15
C20:0	Arachidinic acid	0.06 ± 0.01	0.04 ± 0.01 [*]	0.05 ± 0.01 [*]
C22:0	Behenic acid	0.018 ± 0.001	0.009 ± 0.001 ^{*#}	0.012 ± 0.001 [*]
C16:0/C18:0		5.75 ± 0.39	6.67 ± 0.88 [*]	6.3 ± 0.57
∑ SFA		22.8 ± 1.5	25.3 ± 1.5 ^{*#}	24.4 ± 1.3
C14:1n-7	Myristoleic acid	0.02 ± 0.01	0.03 ± 0.01 ^{*#}	0.02 ± 0.01
C16:1n-7	Palmitoleic acid	1.55 ± 0.3	2.36 ± 0.59 ^{*#}	1.8 ± 0.52
C18:1n-9	Oleic acid	27.7 ± 1.2	27.5 ± 1.7	27.2 ± 0.9
C18:1n7	cis-vaccenic acid	2.32 ± 0.18	2.23 ± 0.12	2.31 ± 0.17
C20:1n9	Eicosenoic acid	0.18 ± 0.02	0.15 ± 0.01 [*]	0.16 ± 0.01 [*]
C18/C18:1		0.11 ± 0.01	0.11 ± 0.02	0.11 ± 0.01
C16:0/C16:1n-7		12.2 ± 1.7	9.38 ± 1.8 ^{*#}	12.3 ± 2.9
∑ MUFA		31.8 ± 1.3	32.4 ± 2.3	31.4 ± 1.4
C18:3n-3	Alpha-linolenic acid	1.50 ± 0.18	1.81 ± 0.14 [*]	1.84 ± 0.05 [*]
C20:5n-3	Eicosapentaenoic acid (EPA)	0.02 ± 0.01	0.03 ± 0.001 [*]	0.03 ± 0.01 [*]
C22:5n-3	Docosapentaenoic acid (DPA)	0.09 ± 0.02	0.09 ± 0.02	0.09 ± 0.02
C22:6n-3	Docosahexaenoic acid (DHA)	0.16 ± 0.05	0.15 ± 0.06	0.15 ± 0.03
∑ n-3		1.75 ± 0.28	2.08 ± 0.17 [*]	2.11 ± 0.08 [*]
C18:2n-6	Linoleic acid	40.14 ± 2.0	37.1 ± 2.8 [*]	38.5 ± 2.3
C18:3n-6	Gamma-linoleic acid	0.07 ± 0.02	0.1 ± 0.01 [*]	0.09 ± 0.02 [*]
C20:2n-6	Eicosadienoic acid (EDA)	0.19 ± 0.02	0.16 ± 0.03 [*]	0.17 ± 0.2 [*]
C20:3n-6	Dihomo-gamma linoleic acid	0.14 ± 0.02	0.14 ± 0.02	0.15 ± 0.01
C20:4n-6	Arachidonic acid (AA)	0.63 ± 0.17	0.69 ± 0.18	0.74 ± 0.14
C22:4n-6	Docosatetraenoic acid	0.23 ± 0.08	0.19 ± 0.06	0.20 ± 0.04
∑ n-6		41.4 ± 2.2	38.4 ± 3.0 ^{*#}	39.9 ± 2.4
∑ n-6/∑ n-3		24.1 ± 3.9	18.5 ± 0.7 [*]	18.9 ± 0.9 [*]
∑ PUFA		43.1 ± 2.4	40.5 ± 3.2	42.1 ± 2.5
∑ SFA/∑ PUFA		0.53 ± 0.07	0.63 ± 0.08 [*]	0.58 ± 0.06

Data presented as means ± SEM of the % of total FAs. n=6 for each group. SFA: saturated fatty acids; MUFA: monounsaturated fatty acids; PUFA: polyunsaturated fatty acids; t: trans fatty acids. *p < 0.05 vs Sham; #p < 0.05 Ovx vs Ovx+E2